



INITIAL SQUAD TRAININGS FOR 2024/25

Our initial squad trainings for the 2024/25 season will be held on three Sundays – August 25, September 8 and September 15.

All current West Adelaide Junior District players who are planning to play again next season are expected to attend these trainings.

If you cannot attend please record your attendance on TeamApp AND also advise Morgan Treloar directly of the date and reason for not attending (westbearcats.jdo@gmail.com). Also please let Morgan know if you are not planning to play next season.

The sessions will also be posted on TeamApp in the coming days.

Please note that for the larger groups (U14/16/18 Boys) we have split the squads into two sessions to maximise the time players are on court. The first session will be split by birth date as shown below. Players in those larger groups will be split into an 'A' and 'B' squad for the second and third sessions - this will be communicated via TeamApp.

SQUAD TRAININGS SUNDAY AUGUST 25:

- U10 Girls (born 2016/17/18): 9.45am-11am @ Port Adelaide Stadium
- U10 Boys (2016/17/18): 12.45pm-2pm @ Alberton
- U12 Girls (2014/15): 3.45pm-5pm @ Alberton
- U12 Boys (2014/15): 12.45pm-2pm @ Port
- U14 Girls (2012/13): 2.15pm-3.30pm @ Alberton
- U14 Boys (2012/13) SURNAMES A-L: 8.15am-9.30am @ Le Fevre Community Centre
- U14 Boys (2012/13) SURNAMES M-Z: 9.45am-11am @ Le Fevre Community Centre
- U16 Girls (2010/11): 8.15am-9.30am @ Port Adelaide Stadium
- U16 Boys (2010/11) SURNAMES A-L: 8.15am-9.30am @ Alberton
- U16 Boys (2010/11) SURNAMES M-Z: 9.45am-11am @ Alberton
- U18 Girls (2008/09): 11.15am-12.30pm @ Alberton
- U18 Boys (2008/09) SURNAMES A-L: 9.15am-10.30am @ Nazareth Senior Campus, Findon Rd, Kidman Park
- U18 Boys (2008/09) SURNAMES M-Z: 10.45am-12pm @ Nazareth Senior Campus, Findon Rd, Kidman Park

SQUAD TRAININGS SUNDAY SEPTEMBER 8 & SUNDAY SEPTEMBER 15:

- U10 Girls (born 2016/17/18): 9.45am-11am @ Port Adelaide Stadium
- U10 Boys (2016/17/18): 12.45pm-2pm @ Alberton
- U12 Girls (2014/15): 3.45pm-5pm @ Alberton
- U12 Boys (2014/15): 12.45pm-2pm @ Port
- U14 Girls (2012/13): 2.15pm-3.30pm @ Alberton
- U14 Boys (2012/13) SQUAD B: 8.15am-9.30am @ Le Fevre Community Centre
- U14 Boys (2012/13) SQUAD A: 9.45am-11am @ Le Fevre Community Centre
- U16 Girls (2010/11): 8.15am-9.30am @ Port Adelaide Stadium

- U16 Boys (2010/11) SQUAD B: 8.15am-9.30am @ Alberton
- U16 Boys (2010/11) SQUAD A: 9.45am-11am @ Alberton
- U18 Girls (2008/09): 11.15am-12.30pm @ Alberton
- U18 Boys (2008/09) SQUAD B: 9.15am-10.30am @ Nazareth Senior Campus, Findon Rd, Kidman Park
- U18 Boys (2008/09) SQUAD A: 10.45am-12pm @ Nazareth Senior Campus, Findon Rd, Kidman Park

At the conclusion of squad trainings coaches will select initial teams/squads for the 2024/25 season. Squads will be chosen based on a range of factors including:

- basketball skill
- athleticism
- potential
- work ethic
- teamwork
- attitude
- role and positional fit for a given team
- display of above factors at squad trainings and during last season
- feedback from current and previous coaches

Coaches MAY also decide to rotate players into different teams during term 4.

Initial squads/team lists and training times will be sent out via TeamApp prior to September 22, ahead of regular trainings commencing from the week beginning September 23.

Pre-season & grading season games begin on October 10/11/12.